



# WMVI – Women’s Multi-Vitamin/Mineral

**WMVI**- contains essential vitamins, antioxidants, minerals and herbs for the unique needs of women, making it a top-quality women’s multivitamin.

In today’s fast-paced world, many women do not get the daily recommended allowance of vitamins, minerals and other nutrients. WMVI helps to bridge that nutrient gap by offering a women’s multivitamin that includes necessary vitamins and minerals plus additional proprietary blends.

Women’s Multivitamin provides a balanced blend of antioxidants, herbs, vitamins, and minerals that have been specially formulated to support a woman’s lifestyle and well-being. For example, the vitamin-B complex blend provides increased energy, helps provide mental clarity to the mind and body, and is produced in easy-to-swallow capsules.

**Get exactly what you need with a formula that is made specifically for you.\***

- **Antioxidants** – Powerful fruit and berry antioxidants to support great health.
- **Energy Blend** – Contains natural energizers from herbs and berries for a natural energy lift with no caffeine.
- **Female Support** – Including Wild Yam Isoflavones for a woman’s unique needs for hormone regulation as they age.
- **Natural Energizers** – including the following: Green Tea, Pomegranate Fruit, and other ingredients provide an all-natural energy lift.
- **B vitamins** are important to proper circulatory function, for maintaining blood pressure within normal ranges, and preserving proper cholesterol and homocysteine levels.\*

- **Vitamin B12** supports nerve health by maintaining the fatty sheaths that cover and protect nerve endings. It enhances sleep patterns, allowing for more restful and refreshing sleep.\*
- **Vitamin D** was added, as research indicates that people do not receive enough of this nutrient due to reduced sun exposure and limited dietary sources. It plays many roles in the body and is vital for strong, healthy bones.\*
- **Antioxidant Defense** is an important component of a superior multi. Glutathione is the master antioxidant that is synthesized inside the body. Selenium, vitamin C are precursors to glutathione synthesis.\*
- **Cranberry** is most commonly used for the prevention and treatment of urinary tract infections (UTIs). Also used for kidney stones, common cold, and many other conditions.\*

Supplement Facts			Serving Size: 2 Capsules
			Servings Per Container: 30
	Amount Per Serving	%DV	
			Manganese (as Manganese Amino Acid Chelate) 2 mg 87%
Vitamin A (as Beta-Carotene)	600 mcg RAE	67%	Chromium (as Chromium Picolinate) 120 mcg 343%
Vitamin C (as Ascorbic Acid)	150 mg	167%	Molybdenum 75 mcg 167%
Calcium (as Calcium Carbonate)	50 mg	4%	Female Support 192 mg **
Vitamin D (as Cholecalciferol)	10 mcg	50%	Wild Yam Extract ( <i>Dioscorea oppositifolia</i> ) (root), Red Clover Extract ( <i>Trifolium pratense</i> L.) (seeds), Lutein, Cranberry Extract ( <i>Vaccinium macrocarpon</i> ) (fruit), Alpha Lipoic Acid, Lycopene ( <i>Lycopersicon esculentum</i> ) (fruit)
Vitamin E (as DL-Alpha Tocopherol Acetate)	13.5 mg	90%	Immune Support 115 mg **
Vitamin B1 (as Thiamine Mononitrate)	7 mg	583%	Golden Seal Root ( <i>Hydrastis canadensis</i> ), Echinacea Extract ( <i>Echinacea purpurea</i> ) (aerial), Spirulina ( <i>Arthrospira platensis</i> ) (whole plant), Garlic ( <i>Allium sativum</i> ) (bulb)
Vitamin B2 (as Riboflavin)	7.5 mg	577%	Antioxidant Fruit & Energy Blend 187 mg **
Vitamin B3 (as Niacin)	30 mg NE	188%	Green Tea Extract ( <i>Camellia sinensis</i> ) (leaf), Hawthorn Berries ( <i>Crataegus pinatifida</i> ), Cinnamon Bark Extract ( <i>Cinnamomum cassia</i> ), Bilberry Fruit Extract ( <i>Vaccinium myrtillus</i> ), Grape Seed Extract ( <i>Vitis vinifera</i> L.), Black Currant Fruit Extract ( <i>Ribes nigrum</i> ), Pomegranate Fruit Extract ( <i>Punica granatum</i> )
Vitamin B6 (as Pyridoxine HCl)	7.5 mg	167%	** Daily Value (DV) Not Established
Folate	667 mcg DFE (400 mcg Folic Acid)	167%	
Vitamin B12 (as Cyanocobalamin)	27 mcg	1125%	
Biotin	300 mcg	1000%	
Vitamin B5 (as D-Calcium Pantothenate)	10 mg	200%	
Magnesium (as Magnesium Oxide)	50 mg	12%	
Zinc (as Zinc Oxide)	15 mg	136%	
Selenium (as Selenium Amino Acid Chelate)	2 mg	87%	
Copper (as Copper Gluconate)	2 mg	222%	

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium stearate, Silicon dioxide.

- **Suggested use:** As a dietary supplement, take 2 capsules daily with a meal or as directed by your healthcare practitioner.

**Warning:** If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product. Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

**Formulated for and Distributed by:**

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