



PRESS - COMPLEX

PRESS-COMPLEX is a trusted proprietary blend that naturally supports healthy blood pressure levels by using relaxing ingredients to widen blood vessels aiding in a heart healthy cardiovascular system.

PRESS-COMPLEX increases blood vessel elasticity and dilation to support a healthy blood pressure. It is a natural, safe, amino acid that helps promote blood flowing to the muscles. Easily digestible, these versatile amino acids work as a precursor in the synthesis of glutamate, polyamines, agmatine, proline, creatinine, and urea.

- Supports a lower blood pressure
- Supports building block of muscle
- Supports workout
- Helps libido

• **L-arginine** is one of the most effective natural remedies for high blood pressure. L-arginine is an amino acid that can be made in the body but is often in short supply, especially in people who are stressed. L-arginine is used to make the molecule called nitric oxide which increases blood vessel elasticity and dilation to lower a high blood pressure. In addition to the many benefits, L-arginine has also been known to improve libido and many other aspects of a healthy body.

In people with borderline high blood pressure, taking L-arginine can lower blood pressure by as much as 11/4.9 mmHg, with 23% improvement in arterial elasticity. L-arginine normalises BP without causing it to go too low. When healthy people with normal blood pressure took L-arginine their blood pressure did not significantly reduce.*

• **L-arginine** is also used to lower cholesterol levels and improve elasticity of arteries in people with coronary heart disease.*

• Erectile difficulties can occur as a complication of high blood pressure. Because L-arginine dilates arteries and improves blood flow, it is one of the most popular prosexual supplements for men. L-arginine has been used for erectile function treatment in men with high blood pressure.*

• **L-Citrulline** supports exercise induced blood ammonia elevation and blood lactate increments. Further, citrulline may support the detoxification of ammonia via the urea cycle and also support healthy levels of additional glycolysis needed during exercise for energy.*

• **Beta-Alanine** is a modified version of the amino acid alanine and has been shown to enhance muscular endurance. Elderly persons, athletes, and others use pure beta-alanine supplements to enhance physical stamina, and it is still believed that this supplement may have additional benefits, such as fighting signs of aging in the skin. Beta-alanine has been shown to increase NO (nitric oxide) levels in the blood, and Nitric Oxide is a vasodilator, meaning that Beta-Alanine indirectly promotes vasodilation and lower blood pressure.*

Supplement Facts		
Serving Size: 2 Capsules		
Servings Per Container: 30		
	Amount Per Serving	%DV
Calcium (as Calcium Carbonate)	30 mg	2%
Niacin	30 mg NE	188%
L-Arginine (base)	400 mg	**
L-Arginine AKG 2:1 Extract	400 mg	**
L-Citrulline HCL	200 mg	**
L-Citrulline Malate Extract	200 mg	**
Beta Alanine	80 mg	**

** Daily Value (DV) not established
Inactive Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (vegetable), Silicon Dioxide.

• **Suggested use:** As a dietary supplement, take 2 capsules daily 20 minutes before a meal or as directed by a healthcare practitioner.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product. Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

Formulated for and Distributed by:

SlenderPro LLC

311 Trevorton Road • Shamokin, PA

1(570)898-3227

www.MySlenderPro.com