



# FAT FLUSH

**FAT FLUSH** combines various minerals, herbs, antioxidants, glutathione precursors and amino acids known to support bioavailability and liver health and eliminate fat.\*

It is recommended for people:

- Currently undergoing active nonsurgical body contouring to **accelerate elimination of fat** through the liver and other metabolic waste and environmental toxins. \*
- Searching for support for normal liver toxin cleansing and individuals on a weight-loss program.\*
- Experiencing continued fatigue\*
- **Zinc**- plays a leading role in weight loss for overweight individuals. A number of studies have connected it with a decrease in appetite, which prevents overeating. This is related to zinc's manipulation of the ghrelin hormone, which signals the body when it wants to eat.\*

• **Choline**- is a macronutrient that is important for liver function, normal brain development, nerve function, muscle movement; supporting energy levels and maintaining a healthy, active metabolism. Choline helps in the process of methylation, which is used to create DNA for nerve signaling and for detoxification. It is also important for the functioning of a key neurotransmitter called acetylcholine, which similarly helps nerves to communicate and muscles to move. Choline also acts as an anti-aging neurotransmitter.\*

• **Milk thistle**- is a natural herb with antioxidant and anti-inflammatory properties. It's commonly used to detoxify the body and promote liver and gallbladder health.\*

• **Beetroot**- is used in natural medicines and is commonly used in the treatment of liver diseases and fatty liver. It is also used help lower levels of triglycerides (a type of fat) in the blood, lower blood pressure, improve athletic performance, and reduce muscle soreness.\*

• **Artichoke Extract**- Artichokes are perennial plants related to thistle. Bile production is stimulated by the artichoke leaf extract and benefits the liver by eliminating toxins.\*

• **Chanca Piedra Extract**- this effective herb has been used for generations in herbal medicine for the treatment of hepatitis, diabetes, high blood pressure, liver dysfunction, constipation, viral infections; intestinal, urinary and stomach issues.

• **Dandelion**- is an herb used to stimulate digestion and promote liver and gall bladder health. Dandelion root acts as an alternative to improve conditions of chronic toxicity, decreased immune function, eczema, cholecystitis, hepatitis, and more.

• **Burdock** - is a source if inulin and mucilage (both important for intestinal health) offering a soothing effect to the gastrointestinal tract.

• **Chicory root**- has a mild laxative effect, increases bile from the gallbladder, and decreases swelling. **Chicory** is a rich source of beta-carotene, which is important for skin, intestinal and eye health.

Supplement Facts		
Serving Size: 2 Veggie Capsules		
Servings Per Container: 30		
	Amount Per Serving	%DV
Zinc (as Zinc Oxide)	30 mg	273%
Choline (as Choline Bitartrate)	12 mg	2%
Milk Thistle (Silybum marianum) (seed)	200 mg	**
Beetroot (Beta vulgaris) (root)	50 mg	**
Artichoke Extract (Cynara scolymus) (leaf)	50 mg	**
Chanca Piedra Extract	50 mg	**
<i>Phyllanthus niruri</i> (L. Yohimbin plant)		
Dandelion (Taraxacum officinale) (root)	50 mg	**
Chicory Root (Cichorium intybus) (L)	50 mg	**
Yarrow (Achillea millefolium) (flowers)	50 mg	**
Jujube Fruit Extract (Ziziphus jujuba)	50 mg	**
<b>Proprietary Blend</b>	<b>574 mg</b>	<b>**</b>
Alfalfa (Medicago sativa) (leaf), Burdock Root (Arctium lappae), Celery Seed (Apium graveolens), Feverfew (Tanacetum parthenocarpium), Grape Seed Extract (Vitis rotundifolia), L-Cysteine HCL, Methionine, Yellow Dock (Rhubarb) (Rheum officinale), N-Acetyl Cysteine, Raspberry Juice Powder (Rubus idaeus) (fruit), Turmeric (Curcuma longa) (root), Berberine HCL (Berberis aristata) (root), Ginger (Zingiber officinale) (rhizome)		
** Daily Value (DV) not established		
Other Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate (Vegetable), Silicon Dioxide		

• **Suggested use:** As a dietary supplement, take 2 capsules once a day 20-30 minutes before a meal or as directed by your healthcare practitioner.

**Warning:** If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product. Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

**Formulated for and Distributed by:**

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